

### ADDICTION INVOLVING TOBACCO/NICOTINE

Medication	Brand Name	Starting Dose	Maintenance Dose	Warnings
<b>varenicline</b>	Chantix	0.5mg QD x 3dy: <i>begin 1wk prior to quit date</i>	Up to 1mg BID x 12wk ± 12wk extension	<u>side effects</u> : neuropsychiatric events (black box warning), headache, insomnia, nausea, abnormal dreams, increased risk of CV events in patients with known CVD
<b>bupropion</b>	Zyban, Wellbutrin	150mg QD x 3dy: <i>begin 1wk prior to quit date</i>	Up to 150mg BID x 7-12wk ± 12wk extension	<u>side effects</u> : neuropsychiatric events (black box warning), insomnia, tachycardia, weight loss, headache, lower seizure threshold <u>contraindications</u> : seizure disorder / predisposition; abrupt cessation of alcohol / sedatives; risky use / addiction involving alcohol
<b>nicotine replacement therapy*</b>	varies by method as below	dosing for 1 cigarette ≈ 1mg of nicotine	taper based on method as below	<u>side effects</u> : minimal <u>contraindications</u> : severe angina, post-myocardial infarction, pregnancy, hypersensitivity
patch: long-acting (OTC)	Nicoderm	7mg, 14mg, or 21mg q12-24hr	8wk taper	as above
gum: short-acting (OTC)	Nicorette	2mg or 4mg q1-2hr	3mo taper	should not be used with acidic food or liquids
lozenge: short-acting (OTC)	Nicorette, Commit	2mg or 4mg q1-2hr	3mo taper	as above
inhaler: short-acting (Rx)	Nicotrol	6 to 16 cartridges q24hr	3-6mo taper	as above
nasal spray: short-acting (Rx)	Nicotrol NS	1 to 2 sprays q1hr	3-6mo taper	<u>side effects</u> : local irritation, cough, headache, dyspepsia

\* combination long-acting and short-acting nicotine replacement recommended

### ADDICTION INVOLVING ALCOHOL OR OPIOIDS

Medication	Brand Name	Starting Dose	Maintenance Dose	Warnings
naltrexone	ReVia, Depade, Vivitrol	25mg PO QD (Day 1); 50mg PO QD (Day 2): <i>after &gt;7dy abstinence from opioids</i>	50mg PO QD x 6mo  <i>or</i>  380mg depot IM q4wk	<u>side effects</u> : hepatotoxicity (black box warning), headache, GI distress, syncope, LFT elevation <u>contraindications</u> : acute hepatitis, liver failure, prescribed opioids

### ADDICTION INVOLVING ALCOHOL

Medication	Brand Name	Starting Dose	Maintenance Dose	Warnings
acamprosate	Campral	666mg TID <i>after &gt;24hr abstinence</i>	666mg TID x 6mo	<u>side effects</u> : diarrhea, fatigue <u>contraindication</u> : severe renal disease
disulfiram	Antabuse	250-500mg QD x 1-2wk <i>active 14dy after last dose</i>	125-500mg QD x 6mo <i>active 14dy after last dose</i>	<u>side effects</u> : hepatitis, psychosis <u>contraindications</u> : severe myocardial occlusive disease, psychosis, hypersensitivity

### ADDICTION INVOLVING OPIOIDS

Medication	Brand Name	Starting Dose	Maintenance Dose	Warnings
buprenorphine + naloxone	Subutex, Suboxone, Zubsolv	8mg QD x 1dy; 16mg QD x 2-3dy	12-16mg QD	<u>side effects</u> : respiratory depression, headache, pain, insomnia, GI symptoms <u>contraindications</u> : hypersensitivity
methadone	Methadose	20-40mg QD	80-120mg QD	<u>side effects</u> : QT prolongation, respiratory depression <u>contraindications</u> : respiratory depression, severe asthma, ileus, hypersensitivity