Great Teamwork Demonstrated Out On The Field!

SBIRT Ballers
NSLIJ Annual Softball Tournament
June 6, 2015

Players on the SBIRT Ballers included members of SBIRT, Internal Medicine, Emergency Medicine (NSUH, Plainview), Pediatric Emergency Medicine (Cohen’s, NSUH), Psychiatry Research (Zucker Hillside), and NSLIJ Community Relations

SBIRT
Screening, Brief Intervention, and Referral to Treatment

What’s New
Almost 90,000 PreScreens administered in the past 18 months during Health Coach Hours

Normalization to Key!
SBIRT “We Ask Everyone” Marketing Campaign via Flyers & Buttons

OnSite SBIRT Champs Identified
Serving More Patients: Increased Health Coach Coverage Hours at Southside ED, SIUH North ED, and NSLIJ Internal Medicine

What’s Planned
Building SBIRT Training Modules: Collaboration with the NSLIJ Center for Learning & Innovation (C2I)
SBIRT and the NSLIJ Physician Access Center: Coaligning resources to enhance continuity of the referral to treatment process
Teaming up with Suffolk Care Collaborative: Providing Technical Assistance for DSRIP related SBIRT Implementation
Billing Blitz: Piloting the feasibility of billing for SBIRT Services

Screening, Brief Intervention, and Referral to Treatment (SBIRT) provides a structured approach to better aid healthcare providers in identifying risky substance use and delivering early intervention/treatment services for patients at risk of, or with, substance use disorders.

SBIRT is an evidence-based protocol to identify patients who use substances in ways that increase their risk of health (physical and emotional), work, family, and social problems, and help them reduce their use. It is used in a variety of settings including primary care practices, emergency departments, colleges, employee assistance programs, and mental health agencies.

NYSBIRT is a SAMHSA (Substance Abuse and Mental Health Services Administration) grant awarded to OASAS (NYS State Office of Alcohol and Substance Abuse Services) for implementation of a sustainable model for SBIRT within New York State. The NSLIJ Health System and CASA Columbia (The National Center on Addiction and Substance Abuse at Columbia University) are partners in this five year service grant. Within NSLIJ, this grant utilizes the expertise of three major departments: Emergency Medicine, Internal Medicine, and Psychiatry/Behavioral Health.

At our sites, a five question pre-screen for alcohol, drugs and tobacco is administered to patients during their initial point of contact by RNs, MAs, and Physicians. Based on their score, the patient may be flagged as positive and will be approached by our SBIRT Health Coach. After introductions, the Health Coach will further screen the patient to detect risky alcohol and drug use. Based on the full screen, the patient may be eligible for a brief intervention and/or referral to further treatment.

For more information about the SBIRT program at NSLIJ: Sandeep Kapoor, MD (516) 465-5955 sbirtinfo@nshs.edu

For more information about the SBIRT program at Zucker Hillside Hospital: Bruce Goldman, LCSW (718) 748-4565 Bruce.Goldman@nshs.edu

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SPECIAL THANKS
Through collaborative efforts with the Office of the Chief Information Officer (OCI) Contracts Administration, the NSLIJ SBIRT team and its partner organizations have successfully teamed up with technology vendors to create a tablet based SBIRT application that will aid in the delivery of screening and brief interventions.

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**Emphasis on Teamwork and Collaboration**

Our SBIRT Health Coaches work tirelessly to secure a ‘warm handoff’ when referring a patient to further treatment. Though every attempt is made in real-time, certain circumstances may cause difficulty in completing the process. We are piloting workflows that will open an avenue of communication between SBIRT Health Coaches and the Access Center. The Nurses and Patient Coordinators of the Access Center will continue to navigate and advocate on behalf of the patient to secure a consultation with a treatment provider.

**Identifying Champions**

We asked the frontline clinical teams for volunteers to champion the SBIRT initiative with their colleagues and we are pleased to introduce our **OnSite SBIRT Champs**.

- **865 Northern Blvd**  
  Janice Rohan, MoA  
  Southside ED  
  Joyce Moertler, RN  
  Jayna Fiorelli, RN  
  LLIACU  
  Daniela Pena, MoA

- **LIJ MAP**  
  Nicole Galle, MoA  
  Nicole Latz, RN  
  LLIACU  
  Linda Anderson, RN  
  2011 Marcus Ave  
  Zamelshki Epstein-Mano, MoA

- **Lenox Hill HealthPlex**  
  Steven Metzcali, MoA  
  Lenox Hill HealthPlex  
  Hanna Dohllmann, PA  
  Angel Lou, RN  
  Jordan Waidler, PA

**Building Bridges for Referrals**

The Zacker Hillside Substance Abuse Services

Leadership of the Zacker Hillside Hospital’s Substance Abuse Clinical Centers welcomed SBIRT Health Coaches to discuss programs available to patients referred by SBIRT. During the visits to individual sites, Health Coaches and the Program Directors discussed workflows to streamline communication and coordination between SBIRT and their clinic teams.

Substance Abuse Services at the Zacker Hillside Hospital include five clinics – MMTP, DAHERS, Project Outreach, Mineola Community Treatment Center, and Rockaway Treatment Center.

**Dissemination Efforts**

Suffolk Care Collaborate (DSRRP)  

On June 4th, NSLIJ SBIRT Leadership contributed to a webinar for SBIRT implementation teams representing Emergency Departments throughout Suffolk County.

The growing NCC SBIRT Implementation Team consists of representatives from the Suffolk County Department of Health, Family Service League of Long Island, OASAS, Town of Babylon, Drug and Alcohol Services, Mather Hospital, Peconic Bay Medical Center, Stony Brook Medicine, North Shore LIJ Health System and the Catholic Health Services.

**Continuity of the Referral Process**

**NSLIJ Physician Access Center**

We are excited to collaborate with the NSLIJ Physician Access Center for cases that require detailed attention to finalize treatment options. Our SBIRT Health Coaches work tirelessly to secure a ‘warm handoff’ when referring a patient to further treatment. Though every attempt is made in real-time, certain circumstances may cause difficulty in completing the process. We are piloting workflows that will open an avenue of communication between SBIRT Health Coaches and the Access Center. The Nurses and Patient Coordinators of the Access Center will continue to navigate and advocate on behalf of the patient to secure a consultation with a treatment provider.

**Focus on Sustainability**

**LIJ Ambulatory Care Unit**

We are proud to announce that the LIJ-ACU has been providing SBIRT services with the outstanding teamwork of their Medical Office Assistants, Registered Nurses and Social Workers. Along with guidance and technical assistance from the SBIRT team, the MoAs and RNs have maintained a healthy pre-screen rate, and the Social Workers on site have successfully met with patients to discuss alcohol, drug, and tobacco use. As a model for potential expansion and sustainability, the LIJ-ACU has demonstrated that SBIRT services have a place in clinical care and can be provided in the absence of a full time Health Coach.

**Educational Efforts**

Hofstra North Shore-LIJ School of Medicine  

Training the future generation of clinicians is vital for sustainability and dissemination of SBIRT services. In April, members of SBIRT Leadership and Medical School Leadership convened to discuss this year’s sessions and plan for sessions to be held with first and second year students in Spring 2016. Additionally, an SBIRT clinical rotation for third year students is being discussed.

**NSLIJ Center for Learning and Innovation (CLI)**  

Efforts are underway to pilot a continual educational program for SBIRT Health Coaches and other Health Professionals within the NSLIJ Health System.

**Medical Resident Engagement**

Team based learning activities and didactic lectures are planned for the incoming Emergency Medicine and Internal Medicine Residents.
Emphasis on Teamwork and Collaboration

SBIRT Health Coaches

- Brianna Camera
- Vanessa Cirmia
- Gloria DeMaio
- Linda DeMasí
- Juan Gracia
- Danielle Grippoe
- Pedro Guachichula
- Tabitha Guillaume
- Michael Longobardi
- Victoria Osborne
- Karin Schlereth

PreScreeners

- Medical Office Assistants
- Registered Nurses
- Residents/Physicians

NSLII Data Management

- Linda DeMasí
- Laura Harrison

CASColumbia

- Gurpreet Kaur
- Kristen Pappacena
- Esther Waru

As the initiative and staff are geographically dispersed, it is important to maintain consistent and effective communication. Quarterly, SBIRT Health Coaches, the Data Team and members of NSLII and CASColumbia Leadership, meet in person to brainstorm, troubleshoot, exchange experiences, and discuss potential avenues for dissemination. Our latest meeting was held at the Lenox Hill HealthPlex on June 18th, where we were joined by Constance Burke (SBIRT Project Director, OASAS).

Capitalizing on Expertise

Our SBIRT Health Coaches have firsthand experience delivering SBIRT Services and they are playing a direct role in teaming up with SBIRT Leadership to improve this initiative.

Tablet Committee

Goal: Provide clinical insight on development and design.
Recent: A select group of SBIRT Health Coaches piloted the first version of the SBIRT Tablet Application and provided feedback on usability and content.
Plan: Continue programming of the application and incorporate ideas and edits suggested during the pilot.

Referral to Treatment Committee

Goal: Improve and standardize the referral to treatment process for SBIRT and other health care providers.
Recent: During an in-person meeting held at CASColumbia, some of our SBIRT Health Coaches met with former NYS OASAS Director, Frank McCorry, to discuss barriers to treatment, current workarounds, and potential outreach.
Plan: Continue to develop a structured and streamlined referral to treatment network.

Education and Training Committee

Goal: Identify training and educational needs for expansion and dissemination of SBIRT services.
Recent: Completed feedback sessions and targeted refreshers with frontline team members.
Plan: Develop standards and best practices for SBIRT training and supervision.

Identifying Champions

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NSLIJ Physician Access Center

- Steven McCaffrey, RN
- SIUH North ED
- SIUH MAP
- SIUH North ED
- SIUH South ED
- SIUH West ED
- NYU Langone - Elmhurst
- NYU Langone - Queens
- Lenox Hill HealthPlex

Active SBIRT Sites

- NSLII Internal Medicine
- NSLII Southside Emergency Dept
- SIUH South - Emergency Dept
- SIUH North - Emergency Dept
- SIUH – Medical Arts Pavilion
- SIUH Mobile Health Bus

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TOBACCO, ALCOHOL and DRUGS AFFECT YOUR OVERALL HEALTH

WE ASK EVERYONE

“We Ask Everyone”

Goal: Normalize SBIRT Services for patients and clinical team members by simply explaining, “We Ask Everyone” Frontline screeners, leadership, and our health coaches are wearing buttons.

Focus on Sustainability

LIJ Ambulatory Care Unit

In May, members of NSLII and CASColumbia SBIRT Leadership represented New York State during a two-day conference in Vermont where they met with leaders from nine other states currently involved with the implementation and dissemination of SBIRT Services.

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